

WHATS FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Mac 'N' Cheese GLUTEN (Wheat), SULPHITES & MILK	Coconut Chicken Curry	Pasta Bolognese GLUTEN (Wheat) & SULPHITES	Pork Sausage GLUTEN (Wheat) & SULPHITES	Tacos with 5-Bean Chilli SOY
MAIN (OPTION 2)	Tomato and Olive Pasta GLUTEN (Wheat) & SULPHITES	Coconut Chickpea Curry	Pasta Lentil Bolognese GLUTEN (Wheat) & SULPHITES	Lentil and Herb "Sausage" SULPHITES	Tacos with a 5-Bean Chilli SOY
SIDES <i>Where main includes, portion will be offered as optional extra</i>	Rosemary and Honey Carrots Garlic Bread GLUTEN (Wheat) & MILK	Rice Green Beans	Garlic Broccoli Parmesan MILK & EGG	Herby New Potatoes Cauliflower Cheese GLUTEN (Wheat), SULPHITES & MILK	Roasted Sweetcorn Rice
Salad Bar <i>Seasonal salads served daily alongside speacils</i>	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar
DESSERTS/ ACCOMPANIMENTS	Fresh Fruit Platter and Greek Yoghurt with Honey or Fruit Compote Available Daily MILK				

Wherever possible, all food is homemade on site from local, British ingredients.

Allergen free options will always be available



WHATS FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato & Cheese Penne GLUTEN (Wheat), SULPHITES & MILK	Chicken Curry	Classic Shepherds Pie MILK	Soy Glazed Chicken SOY	Baked Fish of the Day FISH
MAIN (OPTION 2)	Pesto Pasta GLUTEN (Wheat), SULPHITES & MILK	Aubergine Curry	Lentil Shepherd's Pie MILK	Soy Glazed Tofu SOY	Baked Halloumi MILK
SIDES <i>Where main includes, portion will be offered as optional extra</i>	Roasted Broccoli Wholemeal Garlic Bread GLUTEN (Wheat)	Roasted Carrots 50/50 Rice	Roasted Seasonal Vegetables	Stir Fry Vegetables Noodles WHEAT	Minted New Potatoes Cucumber and Dill Salad
Salad Bar <i>Seasonal salads served daily alongside speacils</i>	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar
DESSERTS/ ACCOMPANIMENTS	Fresh Fruit Platter and Greek Yoghurt with Honey or Fruit Compote Available Daily MILK				

Wherever possible, all food is homemade on site from local, British ingredients.

Allergen free options will always be available

