

HOT LUNCHES FROM SEPTEMBER

As you will have read in the newsletter on Friday:

- Hot meals will be free and available to all children at Duncton on Thursday 3rd Sept and Friday 4th Sept – NO need to book in advance for these 2 days.
- You are welcome to send a packed lunch if you would prefer.
(Graffham children will be offered free meals as usual through the UiFSM scheme)
- There will be 2 parent taster sessions for our new hot lunches - come and meet Chef Laura and Kitchen Assistant KT and taste some of the fabulous food that we will be offering:

Graffham Thursday 3rd September @ 3.15pm in the school hall
Duncton Friday 4th September @3.30pm in the school hall

Following these 2 free lunch days, you will be able to order meals for your child(ren) through the MCAS App that we have set up with you during the last 2 weeks. We are pleased that we have been able to keep the price of a meal at £3.20 which is the same as the Chartwells meals this year.

Ordering Meals: On the MCAS home screen there is a dinners section where you can view the menu, click on a day and order a meal. You will be able to do this in advance or up to 9am on the day. There will be a meat or vegetarian option on most days (or on some days we will offer only vegetarian). Whilst it is good for us to have an idea of numbers, it is possible for your children to change their mind on the day when they collect their food. There will be a few side-dishes each day and children will have freedom to choose what they would like to eat.

Based on the survey earlier in the year we really hope that you will opt for a hot lunch every day. We know that the food will be tasty and will give your children all the energy and nutrition they need to power through the afternoon at school.

Allergies and dietary requirements: Please update this information on MCAS and let the school office know if you have any problems.

Cancellations and Absence: Where possible we will accommodate refunds for cancellations and sickness absence. We will review this on an ongoing basis and communicate any changes to you.

Menu: Please find attached a sample menu which will run until October Half Term. Please note that this may be subject to small changes and we will confirm the menu again in September.

ParentPay: You will no longer need to use ParentPay for school lunches. If you have any remaining credit on your Chartwells ParentPay account, please email Chartwells with your child's name, the name of your school and your email address. They will then contact you to arrange a refund of your remaining balance. It is important that you do this as soon as possible, and no later than **30th July**. After this date, you may no longer be able to reclaim any remaining credit on your account.

WHATS FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Mac 'N' Cheese with Crispy Onions GLUTEN (Wheat) & MILK	Coconut Chicken Curry	Pasta Bolognese GLUTEN (Wheat)	Pork Sausage	Tacos with 5-Bean Chilli SOY
MAIN (OPTION 2)	Tomato and Olive Pasta GLUTEN (Wheat)	Coconut Chickpea Curry	Pasta Lentil Bolognese GLUTEN (Wheat)	Lentil and Herb "Sausage"	Tacos with a 5-Bean Chilli SOY
SIDES Where main includes, portion will be offered as optional extra	Rosemary and Honey Carrots Garlic Bread GLUTEN (Wheat) & MILK	Rice Green Beans	Garlic Broccoli Parmesan MILK & EGG	Herby New Potatoes & Green Peas	Roasted Sweetcorn
Salad Bar Seasonal salads served daily alongside speacils	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar
DESSERTS/ ACCOMPANIMENTS	Fresh Fruit Platter and Greek Yoghurt with Honey or Fruit Compote Available Daily MILK				

Week Commencing:

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available



WHATS FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato & Cheese Penne WHEAT & MILK	Chicken Curry	Classic Shepherds Pie MILK	Soy Glazed Chicken SOY	Baked Fish of the Day FISH
MAIN (OPTION 2)	No-Nut Pesto Pasta WHEAT & MILK	Aubergine Curry	Lentil Shepherd's Pie	Soy Glazed Tofu SOY	Baked Halloumi MILK
SIDES Where main includes, portion will be offered as optional extra	Wholemeal Garlic Bread WHEAT	50/50 Rice	Roasted Seasonal Vegetables	Noodles WHEAT	Minted New Potatoes Cucumber and Dill Salad
Salad Bar Seasonal salads served daily alongside speacils	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar	Daily Changing Salad Bar
DESSERTS/ ACCOMPANIMENTS	Fresh Fruit Platter and Greek Yoghurt with Honey or Fruit Compote Available Daily MILK				

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