

# THREE WEEK MENU



Our menu has benefited from a series of recent pupil tasting sessions, the most popular dishes now feature on our menu.



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

# WEEK 1

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 12/08, 02/09, 23/09, 14/10, 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03,  
\* school holiday dates

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### HOT SPECIALS

**Cheese and Tomato Pizza**  
With Garden Peas  
V

**BBQ Chicken and Rice**  
With Green Beans

**Traditional Roast Chicken**  
With Roast Potatoes, Gravy and  
Spring Vegetables

**Beef Burger**  
With Potatoes and Mixed Diced  
Vegetables

**Breaded Cod Fish Fingers**  
With Chips and Baked Beans

**Quorn Sausage Cowboy Pasta**  
With Garden Peas  
V, HF, FB

**Traditional Macaroni Cheese**  
With Green Beans  
V

**Quorn Sausages**  
With Roast Potatoes, Gravy and  
Spring Vegetables  
V, HF, FB

**Chilli No Carne**  
With Wholegrain Rice and Mixed  
Diced Vegetables  
V, HF, WF

**Quorn Burger**  
With Chips and Baked Beans  
V, FA

### JACKET POTATO

**Baked Beans**  
V, HF, FA

**Veggie Bolognese**  
V, HF, FB

**Cheese and Salad**  
V, HF, FB

**BBQ Baked Beans**  
V, HF, FB

**Tuna Mayo**  
HF, FB

Available everyday - Water, salad, bread, milk & fresh fruit

### DESSERT

**Vanilla Sponge**

**Banana Marble Cake**  
F

**Jammy Jack**

**Smooth Fruit Yoghurt**

**Fresh Seasonal Fruit Friday**  
F

A third of global greenhouse gas (GHG) emissions comes from the food system.

We commit to highlighting low impact options on the menu to help you make an informed choice.

 Vegetarian   
  Oily Fish   
  Wholegrain  
 Fruity!   
  Nutritionist's Choice  
 Very Low Carbon Emissions   
  Low Carbon Emissions

# WEEK 2

W/C: 15/04, 06/05, 27/05, 17/06, 08/07, 29/07, 19/08, 09/09, 30/09, 21/10, 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03, 07/04  
 \* school holiday dates

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### HOT SPECIALS

**Cheese and Tomato Pizza**  
With Green Beans  
V

**Sausages and Mash**  
Pork and Beef Sausages with Garden Peas and Gravy

**Traditional Roast Ham**  
With Roast Potatoes, Spring Vegetables and Gravy

**Chicken Tikka Masala**  
With Rice and Mixed Diced Vegetables

**Chicken Breast**  
With Chips and Baked Beans

**Veggie Balls in Tomato Sauce**  
With Wholegrain Rice and Green Beans  
V, HF, WF, LB

**Cheese and Tomato Pasta**  
With Garden Peas  
V

**Quorn Sausages**  
With Roast Potatoes, Spring Vegetables and Gravy  
V, HF, LB

**Traditional Macaroni Cheese**  
With Mixed Diced Vegetables  
V

**Veggie Dippers**  
With Chips and Baked Beans  
V, LB

### JACKET POTATO

**BBQ Baked Beans**  
V, HF, LB

**Veggie Bolognese**  
V, HF, LB

**Cheese and Salad**  
V, HF, LB

**Baked Beans**  
V, HF, LB

**Tuna Mayo**  
HF, LB

Available everyday - Water, salad, bread, milk & fresh fruit

### DESSERT

**Smooth Fruit Yoghurt**

**Dorset Apple Cake**  
F

**Vanilla Sponge**

**Crispy Crackle Bar**

**Fresh Seasonal Fruit Friday**  
F

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Vegetarian   
 Oily Fish   
 Wholegrain  
 Fruity!   
 Nutritionist's Choice  
 Very Low Carbon Emissions   
 Low Carbon Emissions

# WEEK 3

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 05/08, 26/08, 16/09, 07/10, 28/10, 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03, 14/04  
 \* school holiday dates

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**HOT SPECIALS**

**Cheese and Tomato Pizza**  
With Rainbow Vegetables  
🌱

**Sausages and Mash**  
Pork and Beef Sausages with Garden Peas and Gravy

**Traditional Roast Chicken**  
With Roast Potatoes, Spring Vegetables and Gravy

**Traditional Beef Pasta Bolognese**  
With Green Beans

**Breaded Cod Fish Fingers**  
With Chips and Baked Beans

**Traditional Veggie Bolognese**  
With Rainbow Vegetables  
🌱 🍷

**Traditional Macaroni Cheese**  
With Garden Peas  
🌱

**Quorn Sausages**  
With Roast Potatoes, Spring Vegetables and Gravy  
🌱 🍷 🌱 B

**Vegetable Masala**  
With Wholegrain Rice and Green Beans  
🌱 🍷 🌱 B

**Veggie Balls in Tomato Sauce**  
With Chips and Baked Beans  
🌱 🌱 A

**JACKET POTATO**

**Baked Beans**  
🌱 🍷 🌱 A

**Salmon Mayo**  
🐟 🍷 🌱 B

**Cheese and Salad**  
🌱 🍷 🌱 B

**Veggie Bolognese**  
🌱 🍷 🌱 B

**Cheese**  
🌱 🍷 🌱 B

Available everyday - Water, salad, bread, milk & fresh fruit

**DESSERT**

**Dorset Apple Cake**  
🍏

**Smooth Fruit Yoghurt**

**Crispy Crackle Bar**

**Jammy Jack**

**Fresh Seasonal Fruit Friday**  
🍏

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- 🌱 Vegetarian
- 🐟 Oily Fish
- 🌱 Wholegrain
- 🍏 Fruity!
- 🍷 Nutritionist's Choice
- 🌱 A Very Low Carbon Emissions
- 🌱 B Low Carbon Emissions