

**DUNCTON CE JUNIOR  
SCHOOL**

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**GRAFFHAM CE INFANT  
SCHOOL**

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# Friday Flyer

Friday 22nd November 2024

## Fun in the snow this week...



## Next Week

Thursday 28 <sup>th</sup> Nov	Year 3 trip to Haslemere Museum	Details have been emailed and sent home this week
<b>Future Dates</b>		
Tuesday 3 <sup>rd</sup> Dec	IRock Concert @ Duncton 2.30pm	Parents invited
Wednesday 4 <sup>th</sup> Dec	Year 4 trip to Haslemere Museum	Details have been emailed and sent home this week
Friday 6 <sup>th</sup> Dec	Own clothes day- In return please bring in something for the Christmas Hamper Raffle	See FGD News below for some ideas.
Tuesday 10 <sup>th</sup> Dec	Duncton Carol Service at Duncton, 5.30pm	All junior children & parents invited. Refreshments will be served by FGD.
Wednesday 11 <sup>th</sup> Dec	Year 5 and 6 Cello Concert 10.15 am	ALL year 5 and 6 parents' welcome
Wednesday 11 <sup>th</sup> Dec	Graffham Nativity at St. Giles Church, 1.30pm Performance No.1	Nativity details were sent home on Monday. Ticket close on <b>Tues 26<sup>th</sup> Nov</b> . If haven't already booked your tickets, then please email the school office now.
Friday 13 <sup>th</sup> Dec	Graffham Nativity at St. Giles Church, 4.15pm Performance No.2	Those of you who have already emailed can rest assure that your tickets have been reserved for you.
Monday 16 <sup>th</sup> Dec	Chartwells Christmas Lunch @ Duncton	Children can wear <b>CHRISTMAS JUMPERS</b>
Monday 16 <sup>th</sup> Dec	Yr. R & 1 – School Trip to Chichester Festival Theatre to see 'Hey, Christmas Tree'	A letter with further details will be sent to parents on Monday.

Monday 16 <sup>th</sup> Dec	NO AFTERSCHOOL CHILDCARE @DUNCTON	
Tuesday 17 <sup>th</sup> Dec	Christingle Service @ St Giles, Graffham 2.30pm + Chartwells Christmas Dinner @ Graffham	Graffham parents are invited to join us for the service Children can wear CHRISTMAS JUMPERS for the lunch and Christingle service
Wed 18 <sup>th</sup> Dec	Yr. 2 – School Trip to Chichester Festival Theatre to see 'Hey, Christmas Tree'	A letter with further details will be sent to parents on Monday.

\*New dates are in GREEN

**INSET Days for 2024-2025 Academic year**  
Monday 6th January 2025  
Monday 17th March 2025  
Monday 23rd June 2025

### News from Helen Martin

It was such a fun morning on Thursday, when we all got outside and experienced the joy of playing in the snow! Obviously, we were fortunate that the temperature lifted and the snow melted on the roads very quickly. The Graffham chickens joined in the fun on the playground; and Duncton field is now littered with the last remains of snowmen!

#### **Snow warning!**

For those parents who are new to the school, if we had an adverse weather event such as a huge snowfall, we would have to be forced to close the school. Usually, the problem stems from not enough staff being able to safely get to school themselves; alongside parents and staff not to be putting themselves in a dangerous driving situation. We usually make a decision around **7am, and this might be to completely close, or to have a later start to the school day (10am ish) which enables roads to clear.** Obviously, closure of a school is our last resort, but we have to put your safety and those of our staff first. In any situation, we would use the **school texting service** to let you know, so just keep an eye out on that if you have any concerns. If you are not regularly getting our text reminders, please contact the school offices to check your mobile number/s are up to date.

#### **Further education training for our staff**

A celebratory shout out to some of our school staff who are currently undertaking further education training, mainly funded by the Apprenticeship funding scheme in schools, where their training can be provided free and is supported in school- Miss Cece Fafin, Mrs Claire Waldron, Ms Lisa Bassett, Miss Jenny Godfrey, Mrs Callie Reid and Mrs Dominique Kenway are all benefitting from this high level of professional development in this way in each of their chosen fields. Thank you to these fantastic professionals for your work you are putting into these qualifications.

#### **Late starts**

We had 26 lates in Graffham this week and 2 in Duncton. Please could we remind parents that school starts at 8.45am at Graffham and 9am at Duncton. As we are coming into winter, please give yourself extra time in the mornings to de-ice your cars and not to rush on our icy country roads. Late starts do unsettle the children and it does interrupt teachers' lesson plans at the start of the day, so please try your hardest to get your child to school on time.

## PARENT NOTICES:

- Christmas Dinner Reminder from Chartwells - Don't forget to order your child's Christmas Lunch. There will be Roast Turkey or Quorn Roast, with Roast Potatoes, Carrots, Peas, Mini Sausages, Stuffing and Gravy, and for dessert a Festive Cupcake. You can book directly on [ParentPay.com](https://www.parentpay.com) or call Chartwells 01243 836130. The ordering cut off date is 5<sup>th</sup> December.**
- Please check your child's hair over the weekend for nits as they are doing the rounds at both schools. Tips on how you can self-treat head lice was sent out earlier this week and can be seen below. The 'Nitty Gritty' comb comes recommended. We have a sample of it now at Graffham school if anyone wants to see it, along with a 20% discount code for anyone who may be interested in buying one.



**NHS**

Self-care Information  
**Head lice & nits**

Tips on how you can self treat head lice in adults and children

"Supporting you to look after you"

**Key advice:**

- Avoid head to head contact, or sharing hair brushes if you or your child have head lice.
- The 'wet combing' method can be very effective at getting rid of headlice.
- Special combs can be bought online or in pharmacies.
- If the 'wet combing' method has not worked, you may need a medicated lotion or spray. These can be bought in the supermarket or at a pharmacy. Speak to your local pharmacy for advice.

### What are head lice and nits?

**Head lice** are small insects that live in the hair, and can be up to 3mm long. They can't jump or fly, but can walk from one head to another. They soon die when away from hair.



They can be difficult to spot, and the only way to be sure someone has head lice is to find a live louse using a special fine-toothed comb.

**Nits** are the empty egg cases that can be found in the hair.



Other possible signs of having head lice are:

- Having an itchy scalp.
- Having a rash on the back of your neck.
- Feeling like something is moving in your hair

### How do I treat head lice?

Medicated lotions and sprays may not always be needed, and the 'wet combing' method can be very effective at getting rid of head lice.

**Let your pharmacist know if you take any other medicines, or if you are pregnant or breastfeeding, as this may affect which treatments you can use safely.**

### The 'Wet Combing' Method

- Wash your hair with ordinary shampoo.
- Apply lots of conditioner to the hair (any conditioner will do).
- Comb the whole head of hair from the roots to the ends using a special fine-toothed comb (detection comb). These can be bought online or from a pharmacy.
- It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long or curly hair.
- Use this method on days 1,5,9 and 13, so you can catch any newly hatched lice.
- Check everyone's hair again on day 17 to make sure they are free of lice.



If you do need medicated treatment, this can be bought from a supermarket or pharmacy. Some medicated treatments may need repeating after a week to kill any newly hatched lice.

### Head Lice Facts and Myths

True
✓ Head lice can infect both clean and dirty hair.
✓ Head lice can infect both long and short hair.
✓ Head lice walk from head to head.
✓ Head lice only cause itching if you are allergic to the bites or poo.
✓ Head lice can be treated without using chemicals.

False
✗ Head lice can jump from one head to another.
✗ You will always have an itchy head or scalp.
✗ Head lice prefer clean hair.
✗ Head lice prefer long hair.
✗ You need to keep children off school.

#### Here are some useful links to further information

<b>NHS Website</b>	<a href="https://www.nhs.uk/conditions/head-lice-and-nits/">https://www.nhs.uk/conditions/head-lice-and-nits/</a>
<b>Patient Websites</b>	<a href="https://patient.info/childrens-health/head-lice-and-nits/">https://patient.info/childrens-health/head-lice-and-nits/</a> <a href="https://patient.info/childrens-health/head-lice-and-nits/treating-and-preventing-head-lice-and-nits">https://patient.info/childrens-health/head-lice-and-nits/treating-and-preventing-head-lice-and-nits</a>

Or visit your local pharmacy for advice

Created by:  
NHS Nottingham & Nottinghamshire ICB Medicines Optimisation Team in partnership with  
<https://notts.icb.nhs.uk/your-health/personalised-care-2/my-life-choices/>  
Version 1.0



Many thanks for your cooperation.

Are you missing a plate?

We would love to return it to its owner, it is currently at Duncton school.



## USEFUL INFORMATION FOR PARENTS

MIND have produced a series of pre-recorded webinars for parents/ carers. Topics covered include Attachment, Aggressive Behaviours and Emotionally Based School Avoidance (EBSA)

<https://www.westsussexmind.org/training-courses/mental-health-training/training-to-support-young-people/training-for-parents-and-carers/webinars-for-parents-and-carers>

## FGD NEWS from Fi Douglass

### CLOTHES SALE @ GRAFFHAM

Thank you for bringing in all your unwanted clothes...the few parents who came (there were only 4 in the end) to the sale got some bargains... there were some beautiful (hardly worn!) clothes. We bagged up the leftovers and it went to Bags of Support on Thursday morning.

### OWN CLOTHES HAMPER DAY

Children can wear their own clothes to school on December 6<sup>th</sup> in return for bringing a donation for the ever-popular Christmas Hampers! Please bring yummy things: biscuits, chocolates, wine, spirits, jam, chutneys, crackers ... or smelly things: candles, diffusers ... just all within date and no NUTS please! Look out for the letter next week to order your hamper raffle tickets.

### CHRISTMAS NATIVITY PHOTOSHOOT

Tara (Tiger's mum) who took some amazing photos for us at the Summer Performance has kindly offered her services again by taking some pictures of Graffham children at the Nativity dress rehearsal on Tuesday 10th December. This is an FGD fundraiser and prints will be sold at £5 each. A photo will be taken of your child with a Christmassy backdrop and will make an ideal Christmas present for family and friends this Christmas. Look out for more details early next week, but parents will need to sign up and pay for the photos before the photoshoot.

## Cake Raffle



Graffham children were in for a treat today with this 'naughty but nice' ganache chocolate cake, baked by Sailor & Freddy's mum, Emma Cusden. Thank you Emma!

The lucky winner taking home the cake was Arabella and she tells me that she is going to share it with her brother, Rocco .. so enjoy!



At Duncton we had this delicious chocolaty cake brought in by Serena Cooper (Alfie and Rosie's Mummy) Our lucky winners taking enjoying this over the weekend are Max and Jessica





**\*CHURCH NOTICE - Reserve the Date!!**

🌲 Please note Father Christmas will be at the Christmas Fair at the Empire Hall on Saturday 7 December between 11.30 and 1pm. 🌲 There is no charge for visiting Father Christmas though his elf will have a bucket for donations. 🌲

🌲 The Fair is open from 11am to 2pm and lots of work has gone into making it an enjoyable occasion for everyone 🌲 It's one of the main ways our church can fundraise so do come along and support your village and have fun! 🌲

Edited 21:25

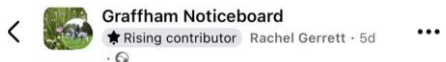
## Reverend Vivien writes:

At assembly this week, I spoke first about Messy Church which we tried out at the pavilion for the first time after school which some of the children came to. Although it's not in church, it's still Church because it helps us to understand what God means, and what we mean - how to live the wonderful gift of life that we have. Friends of Jesus believe Jesus is key to understanding this. We thought of Jesus' words **'I am the light of the World.'** John Ch 8.12. How can Jesus be a light, I said. Jesus is a person. A person is not a light. Thinking about what a light does though, can help us to understand what Jesus does. So, we thought about this. The children offered great ideas about what a light does and about what this means about Jesus.



A light helps us to see. It helps us to be seen as well, like when we hold a torch walking down Graffham street in the dark. It can show us the right way to go. It can show that we have a very messy bedroom! Sometimes, a light is a tiny one in the distance that we need to walk towards to find safety. Sometimes, a bright light is something to steer away from, like a lighthouse light warning a sailor in a ship about danger from rocks or sandbanks. Sometimes, a light is gentle, like candlelight. Sometimes, a light is so hot and powerful it can burn through solid barriers. Jesus is saying he can be all of these things for us as well, depending on our need of him.

Seeing God & ourselves more clearly in Jesus' light may be a 'light bulb' moment or a gradual lightening. It can shine out of us showing people where we are in our understanding of God and ourselves. It can guide us along a good path. It can help us see the messes we sometimes get into and become more honest about ourselves. It can bring us hope that things will get better when we trust him. It can warn us about dangers. Don't go there! It can be a peaceful presence with us, especially when we are anxious or afraid. And it is powerful enough to break through any barriers we set up.

Thank you, Jesus, for being the light of our world. Help us to shine like you and show your love in the world today. Amen


**Graffham Noticeboard**  
 ★ Rising contributor Rachel Gerrett · 5d

The Playground is making great progress, but wet ground at the start of the install set us back and unfortunately we won't be finished by next Saturday. In the meantime, if there are any local construction companies that would be able to help us build a small playhouse similar to the below, please get in touch. We will open it as soon it's ready - watch this space!

## Re-opening of Graffham Playground has been postponed ...

A Facebook notice was put on the Graffham Noticeboard this week, letting everyone know that the opening of the new playground has been put back.

We will let you know when we hear more.

Watch this space!

**HELEN MARTIN  
CELEBRANT**


**Bespoke celebrations in a place that matters to you.**

Unique celebrations created by Helen for any important occasion. Available and taking bookings from January 2025 onwards.

This could be a wedding, funeral, celebration of life, vow renewal, handfasting, naming ceremony or celebration of your choice.

Contact me for more details.

[helen@helenmartincelebrant.co.uk](mailto:helen@helenmartincelebrant.co.uk)

Babysitting available Full enhanced DBS checked

Please contact Tracey Erkam, Teaching Assistant at Duncton School on 07787991633



**GRAFFHAM  
CHRISTMAS  
FAIR**  
**SATURDAY  
7 DECEMBER**  
**11AM - 2PM**  
**EMPIRE HALL**  
GU28 0QB

**Heyshott  
Christmas Bazaar**  
**Sat 30 Nov**  
**2pm - 4.30pm**  
**Cobden Hall**

Christmas stalls,  
homemade Christmas puddings,  
cakes, mince pies,  
and mulled wine

In aid of St James's Church

**Early  
Help  
Service**

**Chichester Family Hub**  
St James' Campus, St James' Road, Chichester, PO19 7AB

**SEND Event**

Join us for lots of sensory and messy play.  
Visit our sensory room, play on the magic carpet and  
have fun inside and out. Finishing with a story time.

**Monday 25 November**  
3.30pm - 5pm

Open to all families with a child with special educational  
needs and disabilities (SEND) up to age 11, and siblings.

**To book your place at this FREE event please  
call the Hub: 01243 642950**  
For further information please email:  
ChichesterFamilyHub@westsussex.gov.uk  
Allergen advice: food will be used in sensory play.  
Support and advice available.

**Your Space  
THERAPIES**  
Secure attachments  
Robust learners • Building futures  
[WWW.YOURSPACETHERAPIES.ORG](http://WWW.YOURSPACETHERAPIES.ORG)

**ANXIETY TOOLKIT FOR PARENTS AND CARERS WEBINAR**

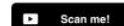
**SATURDAY 25<sup>TH</sup> JANUARY 2025, 10AM- 12 MIDDAY**

**LEARN PRACTICAL TIPS AND STRATEGIES TO HELP PARENTS AND CARERS SUPPORT  
THEIR CHILDREN THROUGH ANXIETY IN THIS ONLINE EVENT!**

Are you feeling overwhelmed by your child's anxiety? Join us for this online event where Your Space Therapies will provide you with practical tools and strategies to help you support your child. Emma Connor, Child Psychotherapist will share valuable, easy to implement strategies to navigate through challenging situations and promote your child's well-being. Don't miss out on this opportunity to learn and connect with other parents and carers facing similar experiences. Register now and equip yourself with the **tools** to better understand and manage anxiety in your child.

**Price: £27.80**

For more information and booking please scan the QR code:



# Christmas Lunch

Join our festive lunch by ordering on ParentPay for  
 .....Tuesday 17th December.....

**MAINS**  
 Roast Turkey in Gravy,  
 or  
 Quorn Roast in Gravy

**SIDES**  
 Roast Potatoes, Peas, Sweetcorn  
 Mini Sausage & Stuffing

**DESSERT**  
 Festive Cupcake



Scan QR code to order, no later than Thursday 5th December,  
 Or visit ParentPay.com

*\*Special diets will remain in place.*



## HOLIDAY ACTIVITIES




**2 - 3 JANUARY**  
**BOGNOR REGIS - RAP & LYRIC WRITING**  
**CRAWLEY - DJ & MUSIC PRODUCTION**  
**LITTLEHAMPTON - ROCK & POP BAND**

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**AGES 8 - 16YRS**  
**SIGN UP HERE**  
[WWW.WESTSUSSEXMUSIC.CO.UK/HOLIDAYACTIVITIES](http://WWW.WESTSUSSEXMUSIC.CO.UK/HOLIDAYACTIVITIES)




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## TOMORROW'S ORCHESTRA PROGRAMME



Starting in JANUARY 2025!

**TOMORROW'S ORCHESTRA PROGRAMME**  
 FREE group lessons on orchestral instruments for  
 children aged 7 - 11

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<b>BOGNOR REGIS</b> Thursday	<b>CHICHESTER</b> Saturday	<b>HORSHAM</b> Saturday	<b>WORTHING</b> Saturday
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- ✓ Free for term one
- ✓ Free instrument hire\*
- ✓ Play in an orchestra

\*A booking fee of £10 will apply to cover instrument delivery

 **SIGN UP HERE LIMITED PLACES**

[www.westsussexmusic.co.uk/top](http://www.westsussexmusic.co.uk/top)  
 01403 286330

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